

THE KRYSTALINE RINGS

OVERVIEW

The Krystaline Rings can help you to have a healthier and more vibrant body. Our external world has become increasingly toxic with chemicals in our food and air, and electromagnetic pollution from all of our technology. The Rings can help to offset this.

FOOD

Hippocrates said “ Make your food your medicine.” Unfortunately, our food today has much negative energy that is structured into it at the molecular level. The negativity comes from many sources: chemicals, polluted air and water, vibrations from processing equipment, microwave radiation, electrical radiation and negative attitudes. **All of this is toxic to our physical bodies.**

The Krystaline Rings remove this negative structuring and replace it with positive structuring. Food treated with the Rings then becomes more therapeutic. The bio-energy field of food is normally approximately 6 to 18 inches. The Krystaline rings can raise this to as much as 22 FEET!

What does this mean?
The food is more ALIVE.

It is easier to digest.

It tastes better

Assimilation is improved up to 7 times.

WATER

Water is vital to our good health. When it comes to hydration, **all water is not equal.** Scientists know that good health is determined by the ability of cells to receive water. When the cells are no longer flexible, aging begins. A child’s body is 86% water, but this ratio drops to 65% as we age. Our brains are 96% water.

Seventy-five percent of North Americans are chronically dehydrated. Even mild dehydration slows metabolism, causes fatigue, reduces short term memory and compounds existing health challenges. Drinking an adequate amount of water is important, but drinking the **right** water is even more important.

The Krystaline Rings structure water. Structured water releases stable oxygen and it delivers this oxygen to the cells to a greater degree than ordinary water. Structuring lowers the surface tension of water, which greatly improves its’ hydrating properties. Smaller molecules lower surface tension and make a huge difference when it comes to absorption. Water preferred by human cells is structured into small clusters containing 5 to 20 molecules. **The Sun Ring structures 9 levels deep.** The deeper the structuring, the more complex the clustering of the molecules. This creates very small clusters, and gives the water a very high potency to do what it does much better.

Recommended reading:

“ Your Body’s Many Cries For Water “ by Dr. Fereydoon Batamanghelidj

“ Introduction To Structured Water” By Clayton Nolte

“Messages from Water” by Masaru Emoto

Why are the Krystaline rings the best way to structure your food and water?

1. The Neutralization Ring clears negative structuring.
2. The Sun Ring structures **positive energy NINE LAYERS DEEP!** Most structuring tools or devices can only go three or four layers deep. The deeper the structuring, the more beneficial the food and water become.

How to Use the Rings

THE KRYSTALINE NEUTRALIZATION RING

This is the Ring to start with. It clears and neutralizes.

The Neutralization Ring was designed to remove the negative molecular structuring from food, beverages, cosmetics, supplements, gemstones, your body or anything that has a negative subtle energy charge. Some people even sleep with their neutralization ring to help alleviate pain.

Negative structuring may be generated from chemicals, machine processing, electrical fields, microwaves, and even negative attitudes. The ring removes them so that positive structuring is more efficient.

HOW TO USE

Place whatever you wish to clear on the ring for about 5 seconds. It's that simple!

When you are treating pain, you can use the ring on your body for as long as you like.

If you wish to clear a large object, such as a car, place the ring under it until it feels clear. This may take 3 or 4 minutes.

The Neutralization Ring will greatly reduce the fizz in carbonated beverages.

Do not use the ring on homeopathic remedies as it will wipe the signature.

Once the clearing is complete, remove the Neutralization Ring before using the Sun Ring.

THE KRYSTALINE SUN RING

After clearing with the Neutralization Ring, place whatever you wish to structure on (or in) the Sun Ring for 4 or 5 seconds. It is now structured 9 layers deep.

Food: Food that is structured digests better, with less energy required to process the food. Nutrition is absorbed more efficiently.

Water: Water that is structured is more beneficial to your body.

Supplements placed in the Sun Ring have more potency. This provides more healing for less cost.

Body: The Sun Ring can be placed on painful areas of the body. Placing essential oils in the ring, such as peppermint, will synergize with the ring to create a more powerful healing system. Gemstones may also be used. Shungite is recommended because it is so interactive. Hold a piece in your hand and direct your intent into it. For example you can say "please vibrate the necessary frequencies to balance and heal my knee". Then place the shungite in the Sun Ring and hold them both on your knee for faster, deeper results.

The Sun Ring is a broadcaster and negative ion generator.

1. Place the ring on a wall. Sensitive people will feel a positive, uplifting charge going into the room.
2. Place the Ring on a counter or by your bed. Whatever is placed into the Sun Ring will be broadcast into the room for a radius of approximately 20 feet. . Gemstones, essential oils, herbs, and flower essences are examples of what can be placed in the Sun Ring.
3. Clear and charge water in the bathtub for an extra relaxing experience. Place the Sun Ring in your bathtub for the time you are enjoying your bath. The Sun Ring can also be placed over your shower head while you are showering.
4. The Krystaline Sun Ring may be used as a mini Radionics system:

Place your intention into the ring. This may be done by

- a] writing it on a piece of paper and then placing it in the ring.
- b] energizing a gemstone such as shungite with your intent and placing it into the ring
- c] placing your index finger into the ring while thinking your intent.
- d] placing vitamins or any healing method into the ring

Now take a plate of food or your beverage and hold it over the ring for about 5 seconds. It becomes energized: the energy of your intention is now structured nine layers deep into the food or beverage . If you charge a glass of water with a lemon in the ring, there will be an aftertaste of lemon. This verifies that there has been a deep transfer of information to the water.

The energy that was transferred will be charging you for the duration of the digestion time. Making 'your food your medicine' is now high tech!